



## *For the Body*

**Full Body Massage** €35 60mins  
Relax and unwind with this top to toe body massage, leaving you with a feeling of regeneration both in body and mind whilst increasing circulation.

**Aromatherapy Reviver Massage** €40 75mins  
Head to toe massage including face & scalp using aromatherapy oils to combat tiredness, regulate sleep, relieve stress, aches & pains and improve lymphatic drainage. Promotes well-being and restores vitality.

**Aromatherapy Back Massage** €25 30mins  
Back, neck & shoulder massage using aromatherapy oils to relieve stiffness, aches and pains.

**Aromatherapy Leg Massage** €25 30mins  
Leg massage using aromatherapy to help circulation and relieve aches and pains.

**Oriental Head Massage** €25 30mins  
A calming and relaxing shoulder, neck, scalp and face massage which focuses on vital energy points. Individually chosen aromatherapy oils relieve pain and headaches.

**Reflexology** €25 30mins  
Reflexology targets specific pressure points in your feet improving certain health conditions, muscular pains and relieving tension and stress, leaving you feeling relaxed and totally invigorated.

**Body Extravaganza** €24 35mins  
This treatment eliminates dead skin cells and moisturizes and smoothes the skin, increasing suppleness. A compact treatment with dramatic results.

**Self-warming Algae Cellulite Wrap** 45mins  
**Half body €35, Thighs €24, Abdomen €24**  
A micronized algae application to significantly reduce cellulite. It's detoxifying and cellular renewing properties allows the skin to regain correct mineral balance while eliminating accumulated fats and toxins. The treatment includes exfoliation and the application of a concentrated cellulite ampoule which penetrates deeply into the skin. A cellulite cream completes the treatment, leaving you relaxed and revitalized.

**Relaxing & Cleansing Back Treatment** €25 45mins  
An ideal treatment for problematic skins and a treat for this much neglected and hard-to-reach area. The back is cleansed and exfoliated to help stimulate circulation and renewal of cells. A mineral mask for deep cleansing is applied followed by a light moisturizing balm to leave the skin smooth, soft and revitalized.

**Marine Hydrotherapy Bath** €42 75mins  
This deep cleaning treatment removes dry skin cells and prepares the epidermis for subsequent treatments. Using marine algae, natural sea salts and essential oils, the stimulating jet massage improves circulation, detoxifies the body and moisturizes the skin. A relaxing massage finishes the treatment.

**Anti-Cellulite Ultrasound** € 35  
Ultrasound waves vibrate to increase blood supply to tissue and break down fatty cellulite deposits. Also, reduces liquid retention under the skin for that smooth appearance.

**Ultrasound Breast Lift** €35 40mins  
The vibrating ultrasound waves stimulate the muscle underneath the breast whilst breaking down fat deposits and encouraging lymphatic drainage for a smooth taut lift

## *For the Face*

**Paraffin Facial** €35 75mins  
The warmth of this facial wax mask will give the skin a warm glow as the circulation is improved. Desquamation leaves the skin softer and smoother with improved overall texture and gives a relaxing and de-stressing effect. Not only will the skin feel good, so will you!

**Classical Facial** €35 75mins  
A individual facial treatment adapted to each skin type and it's specific needs, treating the skin on a deeper level and also including a facial and décolleté massage for sheer relaxation. An upper lip waxing and an eyebrow tidy-up will add the final touch to the face.

**Mini Facial** €24 45mins  
A basic facial tailored for the person who wants radiant skin but has little time. Instantly renews the skin texture, leaving the face luminous and soft to the touch.

**Sun Burn Aloe Facial** €20 30mins  
A calming and moisturizing facial for people whose skin is de-hydrated or has been exposed to the sun.

**Neck Zone Treatment** €14 30mins  
The tightening and firming effect of the clay mask will lift the contours of the neck, lightening the complexion and softening fine lines and wrinkles.

**Eye Zone Treatment** €10 15mins  
An anti-aging treatment specifically designed for the eye contour area, helping to prevent fine lines, reduce puffiness and revitalize and nourish the skin while respecting the fragility of the area. It will leave your eyes with an immediate feeling of freshness and radiance.

**N.B. Neck Zone and Eye Zone** Treatments can be incorporated into other treatments or treated individually.

**Course of slimming treatments including ultrasound, body area wrap and Slendertone – please ask for details**

## *For the Final Touch*

### **Make Up Session €25 45mins**

A make-up session for that polished daytime or evening look.

### **Make Up Session for your Special Day €35 60mins**

Make-up application for the perfect look for your wedding or other special occasion.

### **Ultimate Luxury Manicure €30 75mins**

Pamper yourself with this luxury treatment that helps to improve the condition of the hands and nails. Circulation is increased and hardworking hands are nourished by a relaxing paraffin wax treatment. A nail varnish application adds the finishing touch.

### **Regular French Manicure €22 60mins**

This treatment improves the condition of the nails and a French nail varnish application completes the look.

### **Ultimate Luxury Pedicure €35 85mins**

An intensive paraffin wax treatment for the feet to improve the condition of the toenails and rough skin by supplying extra nourishment and moisture. This luxury pedicure will leave feet refreshed and revitalized. A nail varnish application adds the final touch.

### **Shaping and re-varnish €10 30mins**

For the fingernails OR toenails

### **Shaping and re-varnish €15 50mins**

For the fingernails AND toenails.

### **Eyebrow Tinting € 7**

### **Eyelash Tinting € 7**

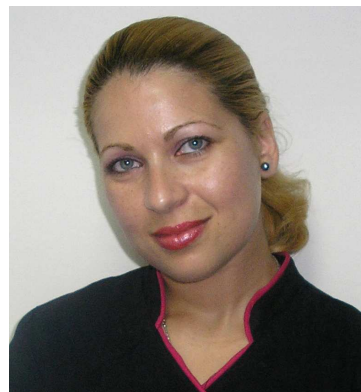
A patch test must be carried out 24 hours prior to the treatments below, unless given previously.

## *Female waxing*

Full Leg Depilatory Wax	€20
Half Leg Depilatory Wax	€15
Under Arm Depilatory Wax	€10
Full Arm Depilatory Wax	€15
Half Arm Depilatory Wax	€10
Eyebrow Shaping	€ 4
Upper Lip Depilatory Wax	€ 4
Full Bikini Depilatory Wax	€10
Bikini Line Depilatory Wax	€ 5
Tummy Line Depilatory Wax	€ 5

## *Male waxing*

Full Chest Depilatory Wax	€25
Full Back Depilatory Wax	€20
Full Arm Depilatory Wax	€15
Full Leg Depilatory Wax	€17
Under Arm Depilatory Wax	€10



***On behalf of the Hotel Santana, I would like to extend an invitation to you to come and enjoy the benefits of the Wellness Centre.***

***I am available for a free consultation in order to help you plan your treatments.***

***I look forward to meeting you.***

***Alison Galea CIBTAC Dip.***

### **Booking Information**

*To book your treatment/s, call 2158 3451*

### **Cancellation Policy**

*Please be advised that one half of the cost of treatment will be charged in the event of a booking cancellation less than 24hrs prior to an appointment or of a 'no show'.*

### **Payments**

*Treatments are paid for in cash or by Credit /Debit Card after the session.*